

Understanding and Managing **Lymphedema**

MAY 26 & 27, 2017

The Travelodge | Prince Albert, Saskatchewan

Symposium Description:

This symposium will provide evidence-based information and updates on understanding, care and management of all types of lymphedema and promote interprofessional treatment of lymphedema that is consistent and based on best-practice guidelines.

Target Audience:

- All Medical and Health Care Professionals including Physicians, Nurses, Nurse Practitioners, Physical Therapists, Occupational Therapists, Massage Therapists, Continuing Care Assistants, Pharmacists, students in these disciplines and other interested health professionals, policy makers and program planners.
- Lymphedema patients, guests and all other interested personnel.

Key note Speakers:

 Dr. David Keast, Medical Director of Outpatient Chronic Wound Management at the Parkwood Institute. London On. He is a founding co-chair of the Canadian Lymphedema Framework and one of the founding members of the World Alliance for Wound and Lymphedema Care in cooperation with the World Health Organization.

- John Mulligan, Massage Therapist and Lymphedema Therapist who has been working in the field of a Lymphedema as a therapist and educator for 18 years and is a clinical specialist with Lymphedema Depot in the Niagara region of Ontario.
- Barbara Cunnings-Versaevel, CLM and CLMT, teaches the Healthy-Steps program in Calgary, AB and is a co-founder and trainer for the Healthy-Steps program in Canada. She is a breast cancer survivor and knows how exercise important was and is to her own health.
- Julie Jensen, a physiotherapist, and also a Certified Lymphedema Therapist and Aqua Lymphatic Therapist who uses kinesio taping as one of the tools to treat clients with Lymphedema and chronic edema conditions. Julie owns LYMPHFX Physiotherapy in Saskatoon, SK and her goal is to help people self manage a chronic condition.

Other areas of interest:

- Workshop by John Mulligan entitled "Is it Lymphedema?"
- Networking evening
- Educational and promotional displays
- Lymphedema Association of Saskatchewan annual meeting

For full registration details check our website in February 2017, or contact Verna Schneiner at m.v.schneider@sasktel.net

www.sasklymph.ca